



Bert Hellinger
Instituut Nederland



Systemic Constellations
Center Riga

Certificate

Zane Driķite

HAS COMPLETED

**the Basic Training in Systemic Work with
Family Constellations**

**in February, March, May, August and November, 2016
(total 18 days)**

**Bert Hellinger Instituut Nederland and
Systemic Constellations Center Riga**

Riga, November 27, 2016

Riga
Latvia
Iveta Apine

Groningen
Netherlands
Bibi Schreuder

Dieren
Netherlands
Elmer Hendrix

Graz
Austria
Guni Baxa



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**The basic training of Systemic work
with Family Constellations includes
six modules of total 18 days**

THE FOLLOWING BASIC SKILLS WERE TRAINED:

- Systemic perception
- Preliminary interview towards the systemic layer
- The choice for the initial constellation
- Working from the movement in the constellation
- Recognising systemic dynamics or patterns
- Interventions and the use of resolving sentences
- Completing constellation work with the client

**ESSENTIALS OF THE TRAINING IS THE ATTITUDE
OF THE FACILITATOR REGARDING:**

- Being in contact with system-energy
- Working from 'The Empty Centre'
- Agreeing to everybody's fate
- Allowing and surrendering to not knowing
- Being open to unexpected effects
- Strong leadership, focussed on solution- space
- Being aware of interferences of own theme's
- Being aware of getting entangled with the client's system
and able to step out from that